



## How to fix your 'A' frame

Firstly you need to pull the broken spring out from your 'A' frame. Please use a cloth or wear a glove for this as you do not want to slip and cut your hand on the wire of the spring. You may need to pull quite hard.

Once you have pulled that out take your new spring and applicator tool.



Line the grooved end of the applicator up with one of the heart shaped ends of the new spring.



And push it inside one of the connecting ends of your 'A' Frame. Do the same for the other side making sure not to push it in too far because you don't want there to be too much tension on the spring that it breaks again.